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ID: 1383

Title: In Vitro Gastric And Pancreatic Digestion Of Anthocyanins Extracted From Mulberry Fruit

Author: Alisa Soontornwat

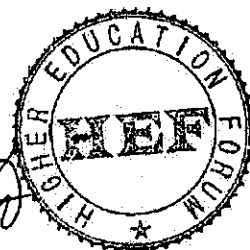
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***In vitro* gastric and pancreatic digestion of anthocyanins extracted from Mulberry fruit**

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Abstract

Mulberry is a good dietary source of anthocyanins and its antioxidant properties with shown the nutraceuticals. Anthocyanins have been recognized to be a potential for preventing chronic degenerative diseases. However, changes of temperature and pH in human digestion may be affected on color and antioxidant activity degradation of consumed anthocyanin extracts. This study was to investigate anthocyanin content, total phenolic compounds and the antioxidant activity during *in vitro* model simulating gastrointestinal digestion of mulberry extract. Results showed that anthocyanin content was in steady level under gastric digestion, whereas total phenolic compounds slightly increased. Anthocyanin content and total phenolic compounds were degraded under a pancreatic condition. Changes in antioxidant activities during the digestion were correlated to the changes in total phenolic compounds as well as the anthocyanin content. This suggests that the anthocyanin and antioxidant activities are evaluated by pH changes and enzyme conditions, appearing in the digestive system.

Keywords: Mulberry fruit, *in vitro* digestion, anthocyanin, antioxidant

1. Background/ Objectives and Goals

Non-communicable diseases (NCDs), also known as chronic diseases are not passed from person to person. The 4 main types of NCDs are cardiovascular diseases, cancers, chronic respiratory diseases and diabetes causing more deaths worldwide than all other causes of death combined (WHO, 2015). Unhealthy diets, tobacco use, exposure to environmental carcinogens and physical inactivity are documented as the major causes of NCDs. The major factor are conduce the production of free radical group such as reactive oxygen and nitrogen species in biochemical reactions in human cells. These presence needs to be neutralized by antioxidants. Therefore it's provide and repair a balanced oxidants-antioxidants in human system.

Polyphenol establish the majority of secondary plant metabolites and also of dietary antioxidants (Bouayed, 2010; Bouayed and Bohn, 2010). Anthocyanins represent an

important group of phenolic compounds called flavonoids. They function as pigments in plants and are nutraceuticals with show the prevent disease through their biological activity that include antioxidant function (Betanzo *et al.* 2014). In Thailand, mulberry fruit widely consumed and is well known as a good source of anthocyanins. In previous studies, mulberry fruits have been reported to biological activities, such as antioxidant (Kim *et al.*, 1999; Naderi *et al.*, 2004), antimicrobial (Takasugi *et al.*, 1979). In addition to studies effect of *in vitro* digestion on dietary polyphenols, e.g. flavonoid and phenolic compound in anthocyanins in raspberry (McDougall *et al.*, 2005) However, there is no data about the change of anthocyanin and antioxidant of anthocyanin extract to *in vitro* gastric and pancreatic digestion. The objective of this research was to investigate stability of anthocyanin extract from mulberry and change antioxidant activity during digestion.

2. Methods

Mulberry fruit were harvested from orchards in Phatchabun province, Thailand. Mulberry were selected for uniformity of size and color purple-red; they were freeze dry and stored at -20 °C. Samples of 50 g (dry weight) were mashed and sonicated for 3 hr. in 500 ml of methanol. The mixture was then filtered through a filter paper (Whatman No. 1). The solvent was then remove using a rotary evaporator (BÜCHI Rotavapor R-205, Japan). Anthocyanin extract from mulberry were stored at -20 °C for further analysis. This extract was subjected to successive *in vitro* gastric and pancreatic digestion, following method of Ferruzzi *et al.*, 2001. The gastric digestion, diluted of anthocyanin extract from mulberry (1:10, anthocyanin extract: NaCl) were adjusted to pH 2.0 with HCl and the mixture was incubated with of pepsin in a shaking bath at 37 °C for 2 h. The end of the gastric digestion, the pH was brought to 6.5 with NaHCO₃ before adding pancreatic and bile salt. The solution was incubated at 37 °C for 2 h. At different time of gastric and pancreatic digestion (0, 30, 60, 90, 120 min) aliquots of samples were removed for total anthocyanin total phenolic and antioxidant activity analysis. The experiment was performed in 5 replications.

2.1 Total anthocyanin was measured following Giusti and Wrolstad, 2005; Wongs-Aree *et al.*, 2006 method. Absorbance was determined at 700 nm using a UV-visible spectrophotometer (Shimadzu, UV-1601, Japan). The total anthocyanin content was calculated using the equation:

$$\text{Monomeric anthocyanin pigment (mg/liter)} = (A \times \text{MW} \times \text{DF} \times 1000) / (\epsilon \times 1)$$

$$\text{Where: } A = (A_{\lambda \text{ vis-max}} - A_{700})$$

$$\text{DF} = \text{dilution factor}$$

$$\text{MW} = \text{molecular weight and molar absorptivity (449.2)}$$

$$\epsilon = \text{molar extinct coefficient of cyanidin-3-glucoside (26,900 L/mol·cm)}$$

2.2 Total phenolic content of digested fraction were estimated by the Folin-Ciocalteu method (Singleton and Rossi, 1965). Absorbance was determined at 725 nm using a

UV-visible spectrophotometer. Different concentration of gallic acid were used to generate a standard curve.

2.3 Antioxidants activity was determined by DPPH Radical Scavenging activity (method modifications from Thaipong *et al.*, 2006) Ferric reducing antioxidant power assay (Benzie and Strain, 1996) and ABTS radical scavenging activities (method modifications from Kriengsak *et al.*, 2006)

3. Results

This experiment monitor the release of phytochemical (total phenolic and anthocyanin) from anthocyanin extract of mulberry fruit during digestion. Total anthocyanin content in different stage of digestion shown in Fig 1. The anthocyanin contents was in steady level in the gastric digestion, with 32.41-40.06 mg/ml, whereas total phenolic compounds slightly increase. Our Results, during gastric digestion was stability of anthocyanins under acidic conditions in agreement with those reported for raspberry (McDougall *et al.*, 2005) or pomegranate (Perez-Vicente *et al.*, 2002) anthocyanins. Moreover, Perez-Vicente *et al.*, 2002 reported a small increase in anthocyanins after *in vitro* stomach digestion. The effect of pH on the stability of anthocyanin which affects the stability of anthocyanin is the acidic solution. Flavylium salts are stable only in highly acidic conditions. These salts loose the proton in higher pH and transform into quinoidal base, which is an unstable pigment, and immediately bond to water and form colourless compound called chromenol (Bermúdez-Soto *et al.*, 2007). The transition from the acidic gastric to the mild alkaline intestinal was found a dramatic drop in the amount of 9.96 mg/l of anthocyanin content, which was related to total phenolic compounds (Fig 1 and Fig 2). After this initial decline, the incubation with pancreatic solution observed a decrease in the bio-accessibility of anthocyanin whereas total phenolic compounds was slightly increased (Fig2). The high instability of anthocyanins at neutral or slightly basic pH has been observed in other studies (Bermúdez-Soto *et al.*, 2007; McDougall *et al.*, 2005a, 2005b; Pérez-Vicente *et al.*, 2002). Stabilities of polyphenols under gastric conditions is accordance with early absorption from the stomach of intact anthocyanin.

In table 1 the changes in antioxidant activity, measured with both DPPH FRAP and ABTS assay, during the *in vitro* gastro-intestinal digestion are shown. As the FRAP assay was rise steadily in gastric digestion with different the DPPH and ABTS shown steady level. When the changes in antioxidant activity were measured with the FRAP assay we found a good correlation between the extraction of total polyphenols and the increase in antioxidant activity during gastric digestion. In fact, it is well known from the literature that the radical scavenger activity of polyphenols is strongly pH-dependent with higher pH values which significantly increase this capacity. This increase in the radical scavenger activity has been attributed to the deprotonation of the hydroxyl moieties present on the aromatic rings of the phenolic compounds (Mukai, Oka, Watanabe, Egawa, & Nagaoka, 1997; Tyrakowska *et al.*, 1999).

After this initial decline, the incubation with pancreatic solution observed a sharply decrease in antioxidant activity of DPPH and FRAP assay. In pancreatic digestion, the antioxidant activity was reduce with associate total phenolic compound. The polyphenols with the highest antioxidant activity at acidic pH are not necessarily those with the highest antioxidant activity at the mild alkaline pH value. This suggests that the anthocyanin and antioxidant activities are evaluated by pH changes and enzyme conditions, appearing in the digestive system.

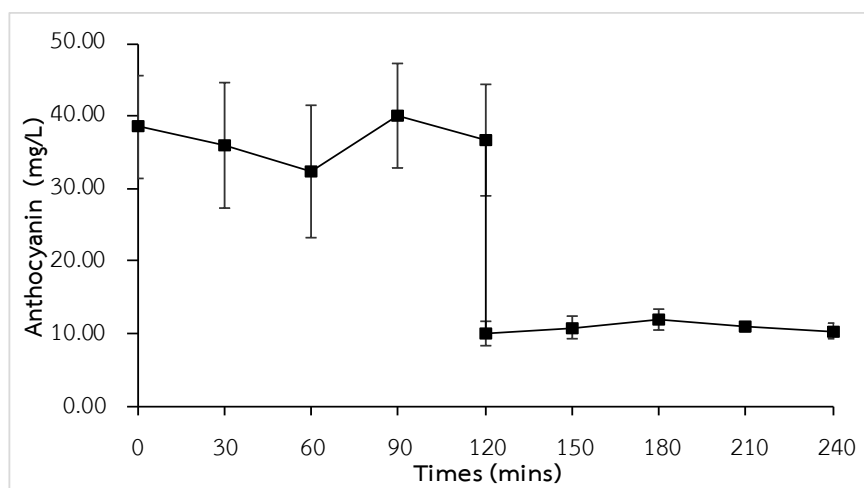


Fig. 1: Change in the amount of anthocyanin extracted during the gastro-intestinal simulated digestion

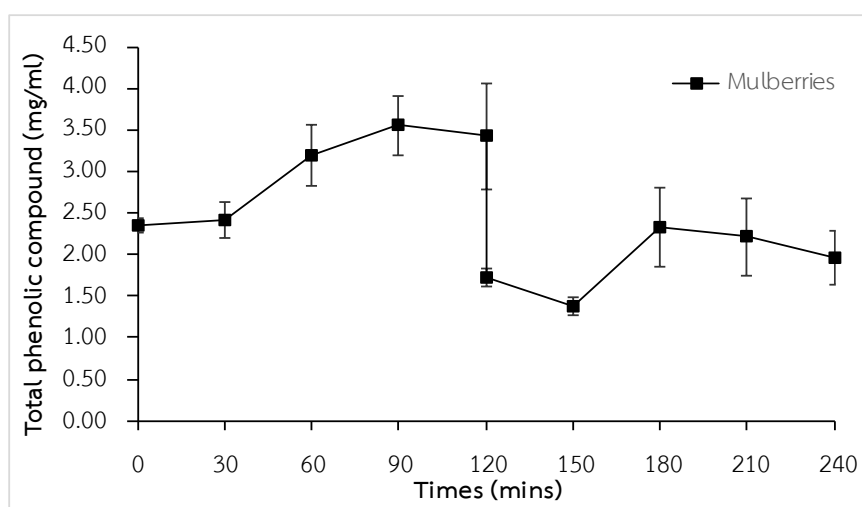


Fig. 2: Change in the amount of total phenolic compound during the gastro-intestinal simulated digestion

Table 1: Antioxidant activity of anthocyanin extracted from mulberry fruit individually subjected to simulated gastric-intestinal digestion.

	Antioxidant activity		
	DPPH assay	FRAP assay	ABTS assay
Gastric digestion			
0 min	0.49±0.045	6.84±1.238	1.12±0.001
30min	0.60±0.027	5.87±0.558	1.12±0.004
60 min	0.55±0.026	8.13±1.506	1.10±0.012
90 min	0.58±0.041	8.11±1.723	1.12±0.001
120 min	0.54±0.064	10.80±1.597	1.09±0.020
Pancreatic digestion			
120 min	0.17±0.012	3.38±0.669	1.02±0.076
150 min	0.18±0.011	7.18±1.491	0.82±0.192
180 min	0.17±0.009	7.53±2.534	0.89±0.143
210 min	0.14±0.026	6.28±1.261	1.07±0.030
240 min	0.17±0.015	3.58±1.458	1.04±0.087

3.3 Acknowledgments

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